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HOW TO SURVIVE YOUR LIFE

Without Putting a Gun to Your Head

Dr. Bruess

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**HOW TO
SURVIVE
YOUR LIFE
WITHOUT
PUTTING A GUN
TO YOUR HEAD**

by

Dr. Bruess

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WARNING:

This book may cause
sudden urges to eat chocolate!

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**Today
Life is hard!**

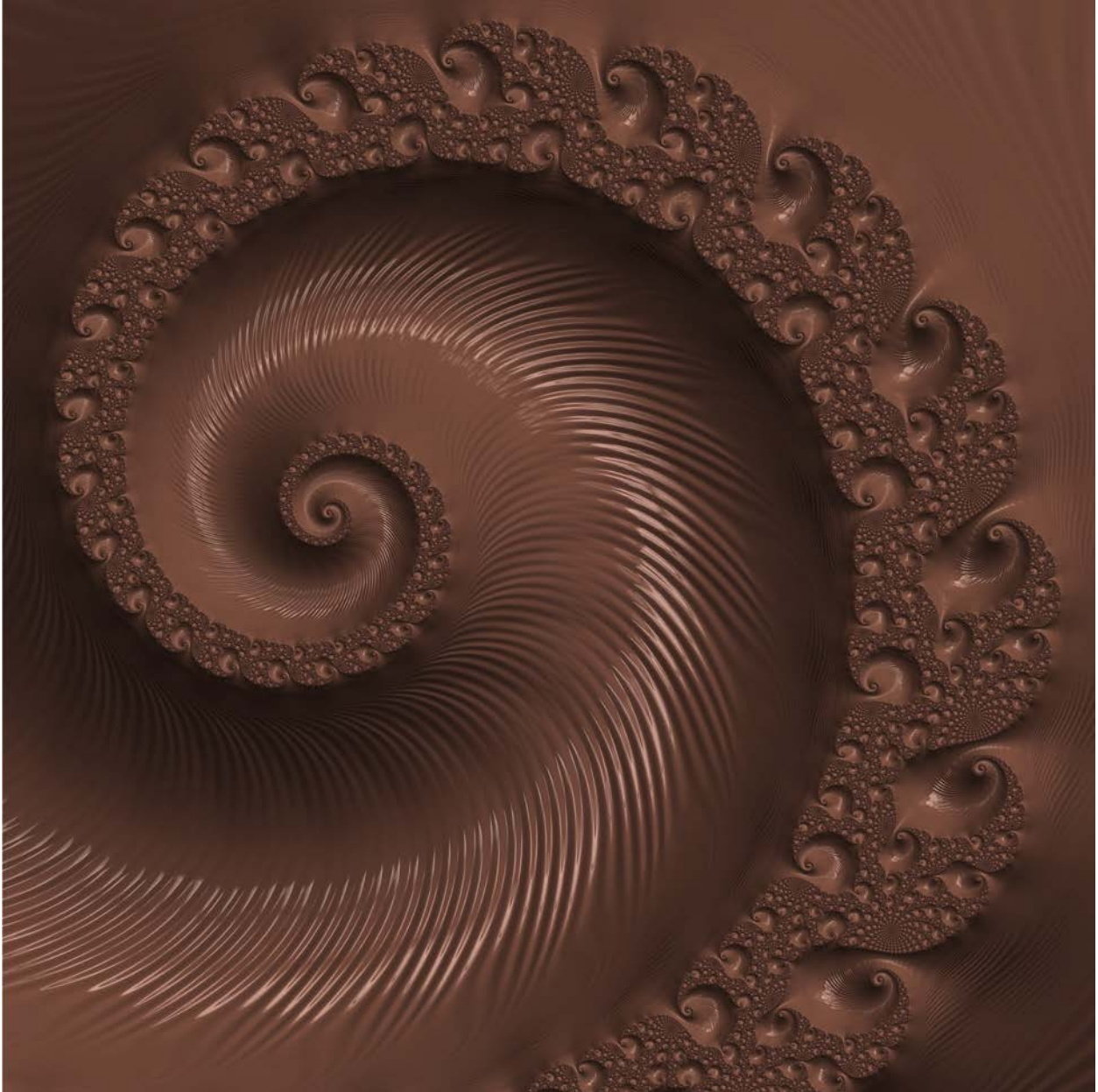
**Please
avoid putting a gun
to your head.**

**Here are some
suggestions**

**HOW TO
SURVIVE
YOUR LIFE**

DR. BRUESS

First Rule:
EAT CHOCOLATE!
Lots and lots of chocolate.



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Say a little prayer.



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Sing the song,
"You are My Sunshine".



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HOW TO SURVIVE YOUR LIFE

Run away for a year and a day
to the land where the bong tree grows.



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Give someone a hug.

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HOW TO SURVIVE YOUR LIFE

Read a good book.



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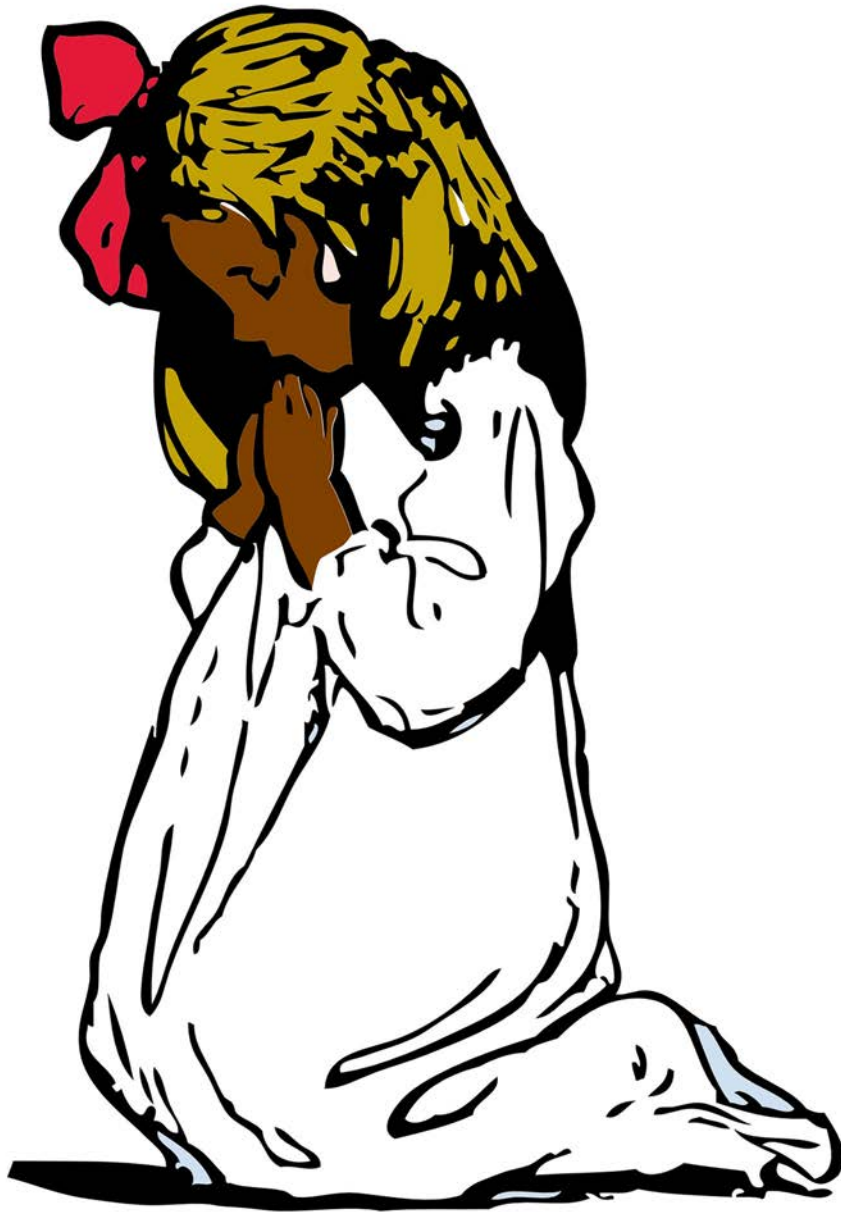
Eat a chocolate sundae.



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Say a little prayer.



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Watch the Laurel and Hardy movie,
"The Music Box".



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Buy a goldfish.



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Go for a swing.



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Hold someone's hand.



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Take a nap.



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Eat a chocolate ice cream cone.



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Say a little prayer.



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Pick up one piece
of trash in the street.



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Wear a clown nose.



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Wear a wig.



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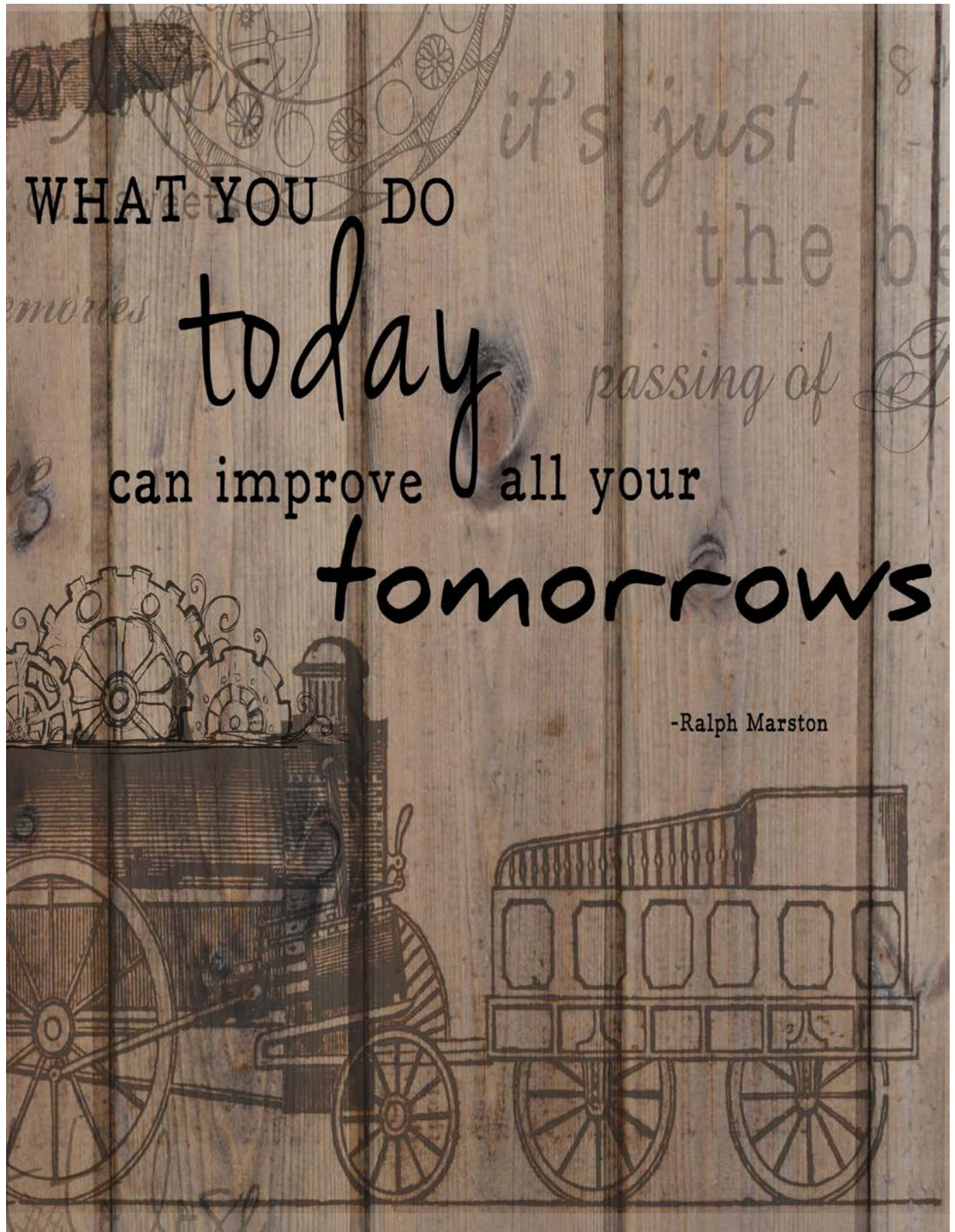




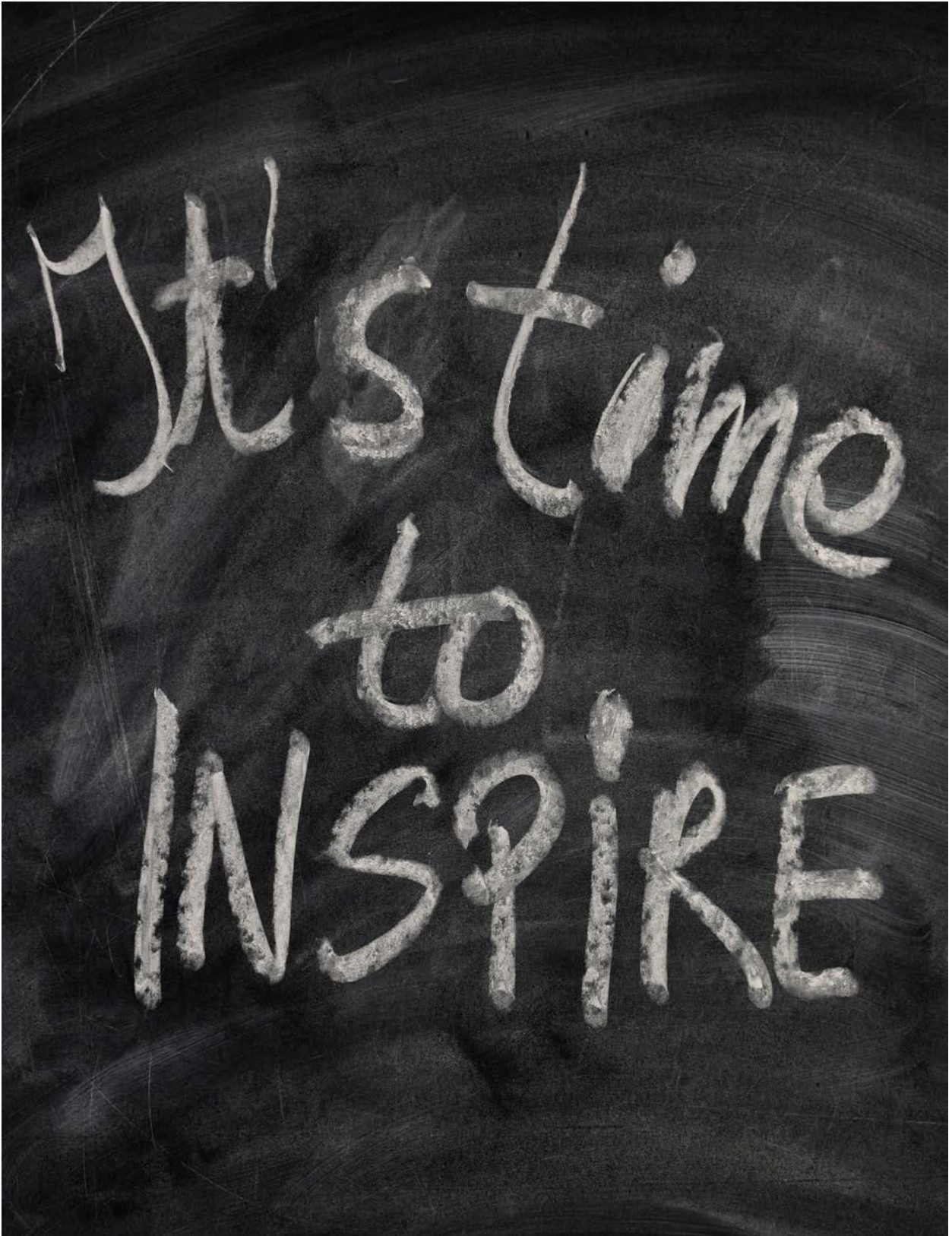
KEEP
CALM
AND
CARRY
ON

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-Ralph Marston

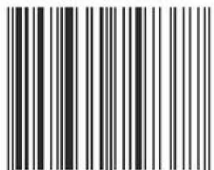




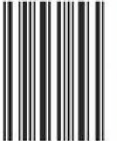
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